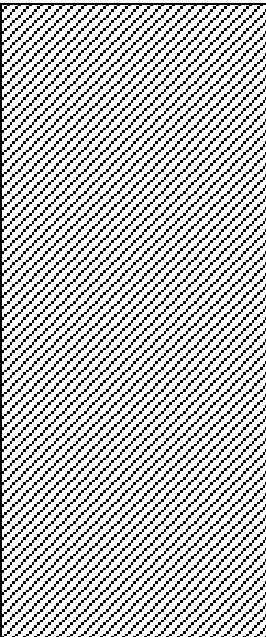


<b>10:00 - 11:30</b>	<p><b>Eilna Kikili (UK)</b> <b>Ballet for Bellydancers</b> (Level 1/Open)</p> <p>A class that focuses on posturing, arm awareness, balance and turning techniques. An excellent way to improve flexibility, isolation, core strength, coordination, and musicality. All levels welcome!</p>	<p><b>Catherine Bartholomew JWAAD (UK)</b> <b>Cairo Storm</b> (Level 2)</p> <p>Learn combinations for Saidi, Baladi and Oriental dance and then plug them into a techno oriental choreography to Charly Abboud's <i>Cairo Storm</i>. Learn how to hear the different styles within the music and choose the appropriate combination.</p>	<p><b>Lisa Michaela JWAAD (Spain)</b> <b>Flamenco Flavour</b> (Level 2)</p> <p>Learn techniques and moves to release your inner gypsy and add Andalusian fire and passion to your latin-Arabic fusion dances. <i>(Bring a veil)</i></p>	<p><b>Raphaelle Masson JWAAD (France)</b> <b>Zill Drills</b> (Level 2/3)</p> <p>In the Fantasia programme by popular demand, the infallible sagat/zills playing system devised by senior JWAAD Tutor and music expert Raphaelle. Learn to play with confidence and incorporate zill/sagat patterns as you dance to Oriental style combos. <i>(Bring sagat/zills)</i></p>	<p><b>Darkstar (UK)</b> <b>Fast &amp; Funky Tribal Routine</b> (Level 3)</p> <p>In this workshop you will learn a fun and funky tribal fusion routine which will include layering and travelling steps to challenge your abilities as a dancer. This choreography will be drilled repeatedly to contemporary tribal music, which will inspire your creativity and give you tips to take away and use in your own choreographies.</p>	<p><b>Lotus Niraja (USA)</b> <b>Ultimate Technique &amp; Combos</b> (Level 3/4)</p> <p>Refresh your shimmy, undulations, circles, figure eights, hip and abdominal movements and more! Sharpen technique and control with dance movements and combos to create a choreographic framework which still allows for improvisation yet enables you to fully explore the music with your body.</p>	
	<b>11:30-12:00 – Accredited Belly Dance Courses – Talk &amp; Discussion – FREE (see website for more information)</b>						

<b>12:00 - 1:30</b>	<p><b>Her Royal Hellness Lucretia (UK)</b> <b>Vamp it up to 'Bela Lugosi's Dead'</b> (Level 1/Open)</p> <p>Familiar moves based on Egyptian style dance, but done with a vampiric attitude to dramatic music. Think Bela Lugosi, Hammer Horror and Brides of Dracula! Plenty of attitude and theatricality mixed with technique. You will use veils, or even better, Isis wings, for part of the workshop, so bring them too. <i>(Bring a veil or wings)</i></p>	<p><b>Laura Zaray (Finland)</b> <b>Cheeky Shaabi</b> (Level 2)</p> <p>Egyptian Shaabi is upbeat, fun and full of energy, a true street style of Arabic dance. No wonder it is a huge hit at the moment in the bellydance world. In this workshop you will get to know what Shaabi really is, and in how many different ways it can be done. You will get to practise some cool Shaabi-style techniques and learn a funky Shaabi choreography.</p>	<p><b>Gwenael LaSirene (France)</b> <b>Indian Fusion</b> (Level 2/3)</p> <p>Infuse your dance with the delicate beauty of Indian classical dances, bringing a whole new dimension to your performance. After a short discussion about the different forms of classical Indian dances and their aesthetics, you will practice some essential basic steps of Kathak and Odissi before fusing them with bellydance in a short choreography.</p>	<p><b>Anne White (UK)</b> <b>1001 Shimmies</b> (Level 2/3)</p> <p>Never underestimate the power of a shimmy! Add intricacy and drama to your technique by learning to overlay your movements with the tiniest of shimmies to volcanic earthquakes.</p>	<p><b>Hilde Cannoodt (UK)</b> <b>Dynamic Tribal Fusion Combos</b> (Level 2/3)</p> <p>Hilde will focus on Tribal fusion isolation combos &amp; travelling sequences. The class starts with a vigorous warm up, followed by a drills section to work towards a series of isolation combos. In the 2<sup>nd</sup> part of the class, focus will be on travelling sequences and techniques created for Tribal fusion dancers that want to create more stage dynamics. This class will be a great way to extend your movement vocabulary.</p>	<p><b>Said el Amir (Germany)</b> <b>Raqs Sharqi Said el Amir Style!</b> (Level 3)</p> <p>Learn a brand new show-stopping choreography in typical Said el Amir style. This dynamic, elegant, powerful and smooth, moving dance is certainly an eye-catcher!</p>	<p><b>Charlotte Desorgher (UK)</b> <b>Beautiful Arms and Hands</b> (Level 3/4)</p> <p>Often we are concentrating so hard on everything else that our hands and arms let us down. Yet they are the most beautiful and expressive part of the dancer's body. In this workshop you will learn how to create beautiful arm patterns, fabulously expressive hands and lift and openness in the whole of your upper body.</p>
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**FANTASIA FESTIVAL 2011 TIMETABLE  
SATURDAY AFTERNOON**

**2:00-4:00** --- **Isis Award Competition** --- **Isis Award Competition** --- **Isis Award Competition** ---

<p align="center"><b>2:00 - 3:30</b></p>	<p align="center"><b>Tamsin (UK)</b> <b>Mele Kalikimaka</b> (Level 1/Open) Bring some hapa haole cheer to your Christmas party - with Bing Crosby! Modern Hawaiian hula takes steps and foundation technique from ancient hula and adapts them to portray more contemporary themes. You'll practise essential footwork and form, and get everyone smiling with this swinging hapa haole hula!</p>	<p align="center"><b>Ajsa Samia (South Africa)</b> <b>Balkan Gypsy Chocek Dance</b> (Level 2) The Chocek is a very passionate and fiery Balkan Gypsy dance. It is in 9/8 rhythm and traditionally danced with a small scarf or tambourine. No tambourine required but bring one if you have one!</p>	<p align="center"><b>Gwenael LaSirene (France)</b> <b>Bellywood</b> (Level 2/3) Immerse yourself in the Bellywood mania! This workshop will begin by covering the aesthetics and characteristic moves of the Indian cinema dances in order to understand how to fuse them with bellydance. You'll then have the chance to put theory into practice by exploring dynamic combos integrating the two different styles.</p>	<p align="center"><b>Eva Green (UK)</b> <b>Sensual Veil/ Double Veil</b> (Level 2) Transform your dance by incorporating the single or double veil. Learn the fluid, elegant movements of the arms and upper body with perfect posture and step combinations. You will learn the different styles used in Baladi, Raqs Sharqi and Goddess veil dances. Experiment with wrapping and unwrapping the veil sensually become a Raqs Sharqi. Goddess. <i>(Bring two similar-sized veils)</i></p>	<p align="center"><b>Philippa Gebhardt (UK)</b> <b>Tribal Travelling Steps, Spins &amp; Turns</b> (Level 3) Change the dynamics of your dance with mesmerising turning and travelling movements! This workshop will guide you through Tribal travelling steps, dramatic flourishes and exciting spins, showing you how to lead and follow these in formation. An ability to execute the following moves is helpful: Egyptian basic, Arabic, hip bump, shimmy, taxim, bodywave.</p>	<p align="center"><b>Amira Shazadi (Germany)</b> <b>Latin Bellydance Fever</b> (Level 3) Discover your va va voom with this fusion of Oriental Dance and different Latin dance steps. This workshop includes three styles: Belly Chacha, Belly Salsa and belly Rhumba.</p>	<p align="center"><b>Lisa Michaela JWAAD (Spain)</b> <b>Let's Bellyjive!</b> (Level 3/4) Learn a fast, fun and flirty dance of bellydance - a Jive fusion to Christina Aguilera's <i>Candyman</i>. The perfect party dance for the festive season!</p>
	<p align="center"><b>4:00 - 5:30</b></p>	<p align="center"><b>Miss Minnie Cerise JWAAD (UK)</b> <b>Beautiful Burlesque to Release your Inner Diva</b> (Level 1/Open) Recapture a little old fashioned glamour as you pose like a pin-up, walk like a diva, flounce with a boa and learn the art of the seductive glove peel. Wear whatever you feel comfortable in. No undressing required! <i>(Bring gloves and a boa if you have one)</i></p>	<p align="center"><b>Mehitabel (UK)</b> <b>Putting the -ish into Swish</b> (Level 1/Open) Skirt techniques from Spanish, Turkish and Polish dance to make more of your big skirt than simply tucking it decoratively into your tassel belt. Up-tempo and down-beat combos to add swish to your improvisation or choreography, using traditional and modern music with various time signatures. <i>(Bring a big skirt - the bigger the better!)</i></p>	<p align="center"><b>Natalie Borg JWAAD (UK)</b> <b>Vintage Oriental</b> (Level 2) Egyptian cinema produced some of the most graceful, elegant and captivating dancers. Learn a combination of technique and combos with Natalie to bring some vintage style to your performances.</p>	<p align="center"><b>Amira Shazadi (Germany)</b> <b>Drum Solo Samba Africa</b> (Level 2) Nothing beats a drum solo for sheer energy and excitement! This short but dynamic and powerful drum solo has added spice with its Samba steps and African beats!!</p>	<p align="center"><b>Caroline JWAAD (UK)</b> <b>Bellydancer's Toolbox</b> (Level 2) Does your mind go blank when improvising? Once you have learned these clever combinations you can have them up your sleeve when you are improvising or include them in your own choreographies. Written notes provided.</p>	<p align="center"><b>Emma Chapman JWAAD (UK)</b> <b>Techno Toba</b> (Level 3) Not for the fainthearted, this fast paced, high energy modern choreography will wow your audience! A written handout will be provided and you can video the whole choreography at the end if you wish.</p>

**5:30-6:00 - Accredited Belly Dance Courses - Talk & Discussion - FREE (see website for more information)**

# FANTASIA FESTIVAL 2011 TIMETABLE SUNDAY

<b>10:00 - 11:30</b>	<p><b>Maria Sangiorgi</b> (Australia)</p> <p><b>Dancing Using the Chakras</b> (Level 1/Open)</p> <p>Each of the seven chakras (energy centres) can be directly related to a point of movement in bellydance. Each chakra will be activated through visualisation and movement. Various elements of bellydance i.e. shimmy, taqasim, spirals, circles, waves, accents and isolations will be used to explore the connection between the physical and spiritual world.</p>	<p><b>Kay Taylor</b> JWAAD (UK)</p> <p><b>Saidi Stick Drills &amp; Choreography</b> (Level 3/4)</p> <p>Kay will explore some traditional Saidi steps and combinations to use with a stick/assaya, as well as drilling stick manipulations - how to hold it, twirling etc. They will be put together into a piece of upbeat and fun Saidi choreography. <i>(Bring a stick or cane if you have one – some will be available to borrow)</i></p>	
<b>11:00–1:00 Cleopatra Award Competition --- Cleopatra Award Competition --- Cleopatra Award Competition</b>			
<b>12:00 - 1:30</b>	<p><b>Ajsa Samia</b> (South Africa)</p> <p><b>Balkan Tribal Fusion</b> (Level 2)</p> <p>This very special and unique dance is an amazing combination of passionate and lively Balkan music, Balkan and Tribal Dance. Be part of this powerful choreography, feel the strength of the Tribal and let the Balkan rouse you to passion! Taught by a dancer of Balkan origin.</p>	<p><b>Laura Zaray</b> (Finland)</p> <p><b>'Soft as Silk' Oriental Choreography</b> (Level 2/3)</p> <p>Discover how to be soft, light and flowing. You will learn techniques to help you to show your emotions when you dance and really feel the music. Through these exercises you will learn a beautiful, feminine and silky choreography of modern Raqs Sharqi. <i>(Bring a veil - silk if you have one)</i></p>	<p><b>Lotus Niraja</b> (USA)</p> <p><b>Own the Stage! Stage Dynamics &amp; Middle Eastern Dance</b> (Level 3)</p> <p>Learn to create a dynamic stage presence and let your personality and technique speak for you as you learn to master simple steps and combinations and knock 'em dead! Create the WOW factor by learning framing, accents, creative movement, and building energy. Develop improvisational skills, stylisation and stage patterns and most importantly...how to showcase a dynamic performance!</p>
<b>1:30–3:30 Palace Dancers Award Competition --- Palace Dancers Award Competition --- Palace Dancers Award Competition</b>			
<b>2:00-3:30</b>	<p><b>Daphne Pena</b> (UK)</p> <p><b>Beat the Bellydance Backache</b> (Level 1/Open)</p> <p>This workshop places emphasis on using core muscles properly to alleviate aches and pains associated with bellydance. Elements of Classical Pilates as well as Gyrotonic are used in the mat-based warm up. Basic choreography is taught with emphasis on leading all movement from your centre. <i>(Please bring a yoga mat, towel or rug)</i></p>	<p><b>Maria Sangiorgi</b> (Australia)</p> <p><b>Tamra Henna – a Tribute to Naima Akif</b> (Level 2/3)</p> <p>A feminine, fun, sharp and lively choreography featuring the sharp hips, sharp stops and sense of fun displayed by Naima as a gypsy dancer. It will have you up on the balls of your feet, with punctuating hips, loose running shimmies and a few barrel turns. Maria will introduce you to her brand of teaching called <i>Embodied Bellydance™</i> to access freedom of movement through simple anatomical descriptions of each move and sequence. <i>(Sagat/zills are optional)</i></p>	<p><b>Said el Amir</b> (Germany)</p> <p><b>Baladi</b> (Level 3/4)</p> <p>The most beautiful way of interpreting Middle Eastern Music. Baladi is the mother of all bellydance. Come and learn to fully express the melodies and the musician's art. You'll love the emotions and the movements will be developed almost by themselves.</p>

## WORKSHOP LEVELS

None of the workshops are suitable for absolute beginners – you should have done at least one term of classes beforehand.

Level 1/Open – General level in unusual subjects of basic technique.

Level 2 – Improver level: 6 months to 2 years experience.

Level 3 – Intermediate level: 2 years experience or more.

Level 4 – Advanced level: for professional dancers.

JWAAD – A teacher with the JWAAD Teaching Diploma or a JWAAD Master Teacher